PRESENTS: A three-day workshop with

GINA ROSS

Gina Ross is Founder and President of the International Trauma-Healing Institutes (ITI USA, and ITI Israel). An international SE senior trainer, Gina adds her vast cross-cultural experience to her expertise on individual and collective trauma, & conflict resolution, with a special focus on the Middle East conflict. She has run workshops in Europe, Brazil, Africa, America and the Middle East. She authored Beyond the Trauma Vortex: the Media's Role in Healing Fear, Terror, and Violence, and a series of seven Guide books for 10 social sectors called: Beyond the Trauma Vortex into the Healing Vortex: Guidelines. Gina specializes in trauma therapy, cross-cultural understanding and cross-cultural therapy in seven languages for a clientele from 60 different countries. She is a sought-after trauma expert for radio and television and at international conferences. For more information, visit www.ginaross.com.

Free From Conflict:
The Art of Effective Communication and Conflict Resolution
Healing our Personal and Collective Adversary Trauma Vortices

Dates: February 2, 3 and 4, 2014
Times: Sunday 2/2: 10 to 6 PM; Monday 2/3: 1:00 pm to 8:30 PM, Tuesday 2/4: 1 to 7 PM
Location: To be announced, in Los Angeles, CA
Fee Before 1/22/14: $155 per day including sandwich dinner
After 1/27/14: $175 per day - Space is limited

First Day: EFAST (Emotional First Aid for Stress and Trauma), pre-requisite (unless SEP certified)
Second and Third Days: Communication and Conflict resolution

For psychotherapists, family lawyers, mediators, negotiators,
Community leaders, journalists and diplomats; all SEP Professionals

About the workshop - This interactive workshop offers cutting-edge tools for effective communication and for resolving all manner of conflicts, whether for strained spousal, familial and school/community situations, or in violent conflicts between enemy groups or nations driven by collective hatreds and intolerance. The tools facilitate dialogue and collaboration with adversarial elements, from the spousal and family to the community, national and international levels.

When stress, trauma, undesired change, losses or unmet needs overwhelm us, they seriously alter our mental and emotional balance. They polarize us and compromise the objectivity of our thinking and the effectiveness of our actions to meet needs. At the collective level, they impair the capacity to resolve recurring local and international conflicts, making them intractable and violent. “The Ross Model: Balancing the Collective Nervous System ” combines both Somatic Experiencing and other stress release techniques and metaphors with conflict resolution principles and tools. We learn the exact nature of individual and collective trauma, and a precise protocol to help us navigate out of individual and collective prejudices. It is a profound and elegant process that helps work through the emotional obstacles blocking the successful resolution of conflicts.

Course Content
We explore how high stress, trauma and unmet universal basic needs change and distort narratives. We learn how to recognize those needs and release the powerful emotional layers they generate; how to discern what feeds our adversaries’ aggression, and support action that reduces instead of amplifies their trauma vortex.
What you will receive from this course:
- Release negative activation and shed traumatic blinders while addressing conflicts
- Speak a universal and apolitical language that promotes effective communication and collaboration
- Experiential protocols and guidelines for constructive dialogue, effective mediation and successful conflict resolution of all kind of issues that arise from daily relationships to those affecting conflicts between groups and nations.

Registration Form

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<td>How did you hear about us?</td>
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<td>Have you attended an EFAST workshop before?</td>
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Contact details
For further registration and logistical details please contact:
Phone: 323.930-2151
Email: gina@ginaross.com

For more specific information about course content, please contact:
Gina Ross, Email: gina@ginaross.com; Phone: 323-930-2151 (Los Angeles)

Registration: Please send registration for the three days with a check for $465 before January 27, 2014; $525 after January 27, 2014 - made payable to:

Gina Ross
269 S. Lorraine Blvd.
Los Angeles. CA 90004 USA

Written and recorded materials will be available for purchase

It is highly recommended that you read
Beyond the Trauma Vortex into the Healing Vortex: A Guide for You – to gain maximum benefit