



INTERNATIONAL TRAUMA-HEALING INSTITUTE
A NON-PROFIT ORGANIZATION DEDICATED TO GLOBAL TRAUMA HEALING

Invites you to a workshop on:

Healing Our Collective Trauma Vortices

A two-day workshop

With GINA ROSS, MFCC

Founder of the International Trauma-Healing Institute, and Author of
Beyond the Trauma Vortex into the Healing Vortex Series

Dates: July 10 and 11, 2011

Time: 9.00 A.M – 6:00 P.M

The New York Core Center, Inc.

115 East 23rd Street, 12th Floor

New York, NY 10010

(212-505-6707)

Fee: \$300

Registration by 6/1/2011

This interactive workshop provides valuable information and skills for dealing with the destructive impact of collective trauma on conflict resolution. The workshop is designed for, mental health workers, educators, professional negotiators and community leaders who have attended at least a one-day workshop in Somatic Experiencing Emotional First Aid. If you have not and would like to attend our workshop we will be holding an SE® Emotional First Aid workshop on Friday July 8th 2011

Why this course?

Following the success of our workshops on healing collective trauma in North, Central and South America, the Middle East and Africa, we have received numerous requests from human aid workers interested in cutting-edge tools for conflict resolution at all levels, including education, peace work and mediation. These workshops offer a tremendous opportunity for healing collective hatreds and intolerance, and for opening the possibility for dialogue and collaboration with adversarial groups, **from the spousal and family level, to the community, national and international levels.**

Intractable, aggressive and recurring local and international conflicts seriously alter our mental and emotional balance, polarizing and compromising the objectivity of our thinking and actions. “The Ross Model: Working with the Collective Nervous System” combines both Somatic Experiencing techniques and metaphors with conflict resolution principles and tools. A detailed understanding of collective trauma is offered to deconstruct and help us navigate out of collective prejudices. It is a profound and elegantly simple process that works through the emotional obstacles to conflict resolution.

Course Content

The workshop explores how trauma and unmet universal basic needs taint our narratives about ourselves and about our adversaries. It offers guidelines to recognize those needs and to discharge the powerful emotional layers they generate; more importantly, it helps us discern what feeds our adversaries’ aggression, supporting initiatives that reduce instead of amplify their trauma vortex.

What you will receive from this course



- Develop tools to release negative activation and shed traumatic blinders
- Learn to speak a universal and apolitical language to promote cooperation
- Acquire skills for effective and constructive dialogue for peace and harmony.
- Practice experiential material for mediation and conflict resolution

About the Instructor

Gina Ross is Founder and President of the International Trauma-Healing Institute; she is an expert in collective trauma, with a special focus on the Middle East conflict and an international SE trainer. She

authored *Beyond the Trauma Vortex: the Media's Role in Healing Fear, Terror, and Violence*, and the series of seven books on trauma: *Beyond the Trauma Vortex into the Healing Vortex*. Gina specializes in trauma, cross-cultural understanding and cross-cultural therapy in seven languages, serving a clientele from 60 different countries. She is a sought-after trauma expert for radio and television and at international conferences. *For more information, visit www.traumainstitute.org*

Registration Form

For more specific information about course content, please contact:

Gina Ross, Email: gina@ginaross.com; Phone: 323-934-0379 (Los Angeles)

An application form is included with this announcement and should be returned to:

Checks in US\$ payable to Gina Ross

Registration: Please send registration form together with a check for \$300 made payable to:

Gina Ross

269 S. Lorraine Blvd.

Los Angeles, CA 90004

For further registration & logistical details please contact:

Esther Friedman:

Tel: 646 233 6366

Email: esther.friedman@sbcglobal.net

Dr. Evelyn Rappoport, Psychological Consultant

Email: evrapp@aol.com