



INTERNATIONAL TRAUMA-HEALING INSTITUTE
A NON-PROFIT ORGANIZATION DEDICATED TO GLOBAL TRAUMA HEALING

FREE FROM STRESS AND TRAUMA FREE FROM CONFLICT



The Art of Effective Communication for Conflict Resolution and Healing

A THREE-DAY WORKSHOP WITH
GINA ROSS, MFCC

September 12 & 14, 9.00 am-5.00 pm
September 15, 1.00 pm- 8.00 pm
Location: To be announced, in LA.

FEE: BEFORE September 1: \$155/per day
AFTER September 1: \$175 per day

First Day: *EFAST (Emotional First Aid for Stress and Trauma)*
Second/Third Days: *Communication and Conflict Resolution*

For psychotherapists, SEPs, family lawyers, mediators, community leaders, journalists & diplomats
For everyone wanting to learn how to cope with stress and resolve conflict, from the spousal and family to community, national and international levels.

You will learn simple, powerful methods of releasing tension from difficult life experiences and resolving conflict that demand calm and thoughtful responses. You will learn to:

- Recognize signs of stress and trauma in yourself and in others
- Release stress and trauma *on the spot, anywhere and anytime and diffuse it in the other*
- Release the emotional obstacles blocking successful resolution of conflicts
- Communicate effectively by applying precise protocols for conflict resolution and mediation

ABOUT THE TRAINER: Gina is Founder and President of the International Trauma-Healing Institutes (ITI USA, and ITI Israel). An international SE senior trainer, Gina adds her vast cross-cultural experience to her expertise on individual and collective trauma & conflict resolution. She has run workshops in Europe, Brazil, Africa, America and the Middle East. She authored *Beyond the Trauma Vortex: the Media's Role in Healing Fear, Terror, and Violence*, and a series of seven Guide books for 10 social sectors called: *Beyond the Trauma Vortex into the Healing Vortex: Guidelines*. She specializes in trauma therapy and cross-cultural therapy in seven languages for a clientele from 50 different countries. She is a sought-after trauma expert for radio and television and at international conferences.
For more information, visit www.ginaross.com

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